



AN ACTIVE

BY REBECCA BISSET

Activewear has taken on a new meaning in the past year. Many of us are working from home in gym gear, or comfy clothes and a stretchy bra! We might have a walk or a workout during the day, but clothes that blend home comfort with excercise seem to be what a lot of us are wanting. Here are a few pieces that can help us blend!



sustainable activewear brand designed and produced in small batches with luxurious recycled community, the company donates one percent of its profits to Healthy Seas, an initiative aimed at cleaning the seas, saving marine wildlife, preventing future pollution and recycling resources. The colours are fantastic, and the fabric so soft - all designed to make you feel good when working out! shopoutfyt.com



cotton, uniqlo.com/sg



House of Gravity designs sustainable activewear and daywear that supports you in your multi-tasking life. This is activewear you can wear every moment of the day, from morning yoga to a coffee with friends, and from afternoon meetings to an evening run in the park, houseofgravity.com



SHOES & SHELTER

The past 12 months or more has shone a light on the challenges faced by vulnerable groups of women in Singapore. Reports of family violence during the COVID-19 pandemic rose by as much 22 percent in 2020, highlighting the need for more support for these groups.

To this end, DMK has pledged part of the proceeds from sales of its #feelgoodDMK sneaker collection to The Star Shelter Fund, a temporary refuge for women and their children who are survivors of domestic violence.

The collection honours women from all walks of life with powerful campaign ambassadors including YouTuber and podcaster Brenda Tan, model Ann Lopez, and content creators Jessica Tham and Soniya Asyira Arman. These ladies take bold strides forward, never shying away from speaking about the challenges and hurdles faced in their respective careers a

dmk.com.sq



Uniqlo's Smart Ankle Pants are perfect for those who like a bit of flexibility in their life! The amazing 2-Way stretch fabric allows easy movement but still manages to looks smart, and it comes in several core colours for easy styling. Also from Uniqlo are these all-in-one bra and top combos, or Bratops - super convenient for everyday wear. They're available in a lineup of cool AIRism fabrics or



